

# August 2022

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22 ■ 08:45 Mo Outdoor Fitness 22/23	23 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	24 ■ 08:45 Mi Outdoor Fitness 22/23	25 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	26	27	28
29 ■ 08:45 Mo Outdoor Fitness 22/23	30 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	31 ■ 08:45 Mi Outdoor Fitness 22/23	1 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	2	3	4

# September 2022

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
29 ■ 08:45 Mo Outdoor Fitness 22/23	30 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	31 ■ 08:45 Mi Outdoor Fitness 22/23	1 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	2	3	4
5 ■ 08:45 Mo Outdoor Fitness 22/23	6 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	7 ■ 08:45 Mi Outdoor Fitness 22/23	8 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	9	10	11
12	13 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	14 ■ 08:45 Mi Outdoor Fitness 22/23	15 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	16	17	18
19 ■ 08:45 Mo Outdoor Fitness 22/23	20	21	22 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	23	24	25
26 ■ 08:45 Mo Outdoor Fitness 22/23	27 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	28 ■ 08:45 Mi Outdoor Fitness 22/23	29 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	30	1	2

# Oktober 2022

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
26 ■ 08:45 Mo Outdoor Fitness 22/23	27 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	28 ■ 08:45 Mi Outdoor Fitness 22/23	29 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	30	1	2
3 ■ 08:45 Mo Outdoor Fitness 22/23	4 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	5 ■ 08:45 Mi Outdoor Fitness 22/23	6 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	7	8	9
10 ■ 08:45 Mo Outdoor Fitness 22/23	11 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	12 ■ 08:45 Mi Outdoor Fitness 22/23	13	14	15	16
17	18 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	19 ■ 08:45 Mi Outdoor Fitness 22/23	20 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	21	22	23
24 ■ 08:45 Mo Outdoor Fitness 22/23	25 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	26 ■ 08:45 Mi Outdoor Fitness 22/23	27 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	28	29	30
31 ■ 08:45 Mo Outdoor Fitness 22/23	1 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	2 ■ 08:45 Mi Outdoor Fitness 22/23	3 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	4	5	6

# November 2022

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
31 ■ 08:45 Mo Outdoor Fitness 22/23	1 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	2 ■ 08:45 Mi Outdoor Fitness 22/23	3 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	4	5	6
7 ■ 08:45 Mo Outdoor Fitness 22/23	8 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	9 ■ 08:45 Mi Outdoor Fitness 22/23	10 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	11	12	13
14 ■ 08:45 Mo Outdoor Fitness 22/23	15 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	16 ■ 08:45 Mi Outdoor Fitness 22/23	17 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	18	19	20
21 ■ 08:45 Mo Outdoor Fitness 22/23	22 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	23 ■ 08:45 Mi Outdoor Fitness 22/23	24 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	25	26	27
28 ■ 08:45 Mo Outdoor Fitness 22/23	29 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	30 ■ 08:45 Mi Outdoor Fitness 22/23	1 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	2	3	4

# Dezember 2022

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
28 ■ 08:45 Mo Outdoor Fitness 22/23	29 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	30 ■ 08:45 Mi Outdoor Fitness 22/23	1 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	2	3	4
5 ■ 08:45 Mo Outdoor Fitness 22/23	6 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	7 ■ 08:45 Mi Outdoor Fitness 22/23	8 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	9	10	11
12 ■ 08:45 Mo Outdoor Fitness 22/23	13 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	14 ■ 08:45 Mi Outdoor Fitness 22/23	15 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	16	17	18
19 ■ 08:45 Mo Outdoor Fitness 22/23	20 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	21 ■ 08:45 Mi Outdoor Fitness 22/23	22 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	23	24	25
26	27	28	29	30	31	1

# Januar 2023

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16 ■ 08:45 Mo Outdoor Fitness 22/23	17 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	18 ■ 08:45 Mi Outdoor Fitness 22/23	19 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	20	21	22
23 ■ 08:45 Mo Outdoor Fitness 22/23	24 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	25 ■ 08:45 Mi Outdoor Fitness 22/23	26 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	27	28	29
30 ■ 08:45 Mo Outdoor Fitness 22/23	31 ■ 08:45 Di Osteofitness 22/23 ■ 18:30 Di Antara Fitness 22/23	1 ■ 08:45 Mi Outdoor Fitness 22/23	2 ■ 09:00 Do Antara Fitness 22/23 ■ 18:30 Do Functional Fitness 22/23	3	4	5